

WEEK ONE

WEEK TWO

WEEK THREE

MONDAY

Pizza Mac & Cheese (V)
or Mixed Bean Chilli with Rice (Ve)(Wg)
 Jacket Potato with a Choice of Filling
Super Greens
 Fruit Salad (Ve)

TUESDAY

Chicken Burrito or Veggie & Bean Burrito (V)
 with Mexican Rice (Wg)
 Jacket Potato with a Choice of Filling
Sweetcorn & Peppers, Baked Beans
 Jammy Dodger Flapjack (Ve)(Wg)

WEDNESDAY

Slow Roasted Chicken or Chickpea & Veggie
 Baklava (Ve) with Roasties & Gravy
 Jacket Potato with a Choice of Filling
Cabbage, Sliced Carrot
 Vanilla Ice Cream & Sliced Banana (V)

THURSDAY

Turkey Kofta with Mint Yoghurt &
 Coriander Rice (Wg)
or Penne with Tomato Super Sauce (Ve)(Wg)
 Jacket Potato with a Choice of Filling
Broccoli, Sweetcorn
 Lemon & Courgette Cake (V)

FRIDAY

Fish Fingers or Vegeball Marinara Sub (V)
 with Chips
 Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
 Strawberry Jelly & Pears (Ve)

20/2/23, 13/3/23, 3/4/23, 24/4/23, 15/5/23, 5/6/23, 26/6/23, 17/7/23,
 7/8/23, 28/8/23, 18/9/23, 9/10/23

Penne with Veggie Bolognese & Garlic Bread
 (Ve)(Wg)
or Lentil & Mushroom Keema with Rice (Ve)(Wg)
 Jacket Potato with a Choice of Filling
Rainbow Veg
 Fruit Salad (Ve)

Salmon & Sweetcorn Pizza (Wg) or
 Margherita Pizza (V) with Jacket Wedges (Wg)
 Jacket Potato with a Choice of Filling
Sweetcorn & Peppers, Garden Peas
 Lime Shortbread (Ve)

Slow Roasted Chicken or Mushroom & Squash
 Wellington (Ve) with Roasties & Gravy
 Jacket Potato with a Choice of Filling
Cauliflower, Sliced Carrot
 Vanilla Ice Cream & Peaches (V)

Chicken Paella (Wg)
or Mac & Cheese (V)
 Jacket Potato with a Choice of Filling
Broccoli, Green Beans
 Banana Bread with Honey Yoghurt (V)

Fish Fingers or Falafel Wrap & Mint Yoghurt (V)
 with Chips
 Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
 Orange Jelly & Mandarins (Ve)

27/2/23, 20/3/23, 10/4/23, 1/5/23, 22/5/23, 12/6/23, 3/7/23, 24/7/23,
 14/8/23, 4/9/23, 25/9/23, 16/10/23

Vegetable Lasagne with Garlic Bread (V)(Wg)
or Veggie Chow Mein (Ve)
 Jacket Potato with a Choice of Filling
Super Greens
 Fruit Salad (Ve)

Tuna & Pea Pesto Pasta (Wg)
or Margherita Pizza with Jacket Wedges (V)(Wg)
 Jacket Potato with a Choice of Filling
Peas & Sweetcorn, Broccoli
 Apricot Flapjack (Ve)(Wg)

Slow Roasted Chicken or Veggie Sausage Toad in
 the Hole (V) with Roasties & Gravy
 Jacket Potato with a Choice of Filling
Sliced Carrot, Swede
 Vanilla Ice Cream & Mandarins (V)

Mild & Sweet Chicken Curry or Veggie & Bean
 Burrito (V) with Rice (Wg)
 Jacket Potato with a Choice of Filling
Green Beans, Sweetcorn
 Chocolate & Beetroot Brownie (V)

Fish Fingers or Garden Vegetable Goujons (Ve)
 with Chips
 Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
 Banana Mousse & Sliced Banana (V)

6/3/23, 27/3/23, 17/4/23, 8/5/23, 29/5/23, 19/6/23, 10/7/23, 31/7/23,
 21/8/23, 11/9/23, 2/10/23, 23/10/23

V - Vegetarian Ve - Vegan Wg - Wholegrain

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily

