



Urchfont C. E. Primary School

Cuckoo Corner, Urchfont, Devizes, Wiltshire, SN10 4RA

Tel: 01380 840793

Email: admin@urchfont.wilts.sch.uk

Term 6 PSHE Information

12th June 2024

Dear Parents/Carers,

This term the children will be completing their final PSHE Jigsaw unit 'Changing Me'. As you may be aware, this unit of work includes lessons to help children understand the changes puberty brings and how human reproduction happens. The lessons also ensure that children are taught how to keep themselves safe in a variety of different situations, therefore playing an important role in school safeguarding provision.

Each class will be taught information appropriate to their age and development. At no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, the child will be encouraged to ask his/her parents at home.

Robin's class will cover growing up, how they have changed since they were babies, boys' and girls' bodies and body parts and respecting privacy (which parts of the body are private and why this is).

Chaffinches class will cover how babies grow before they are born, together with the needs of a baby, in order to thrive and how boys' and girls' bodies change as they grew older.

Woodpeckers class will cover an introduction to puberty, internal and external reproductive body parts, and body changes in girls and menstruation. Conception is introduced age-appropriately in the context of understanding why our bodies change during puberty.

Owl Class will cover self-esteem, body image, puberty for boys and girls and understanding conception to birth of a baby. Y5 and Y6 are taught in separate groups and the work covered is year group appropriate.

All lessons are taught using simple, child-friendly language and pictures, which help children, understand changes more effectively. We do hope you will agree with us that this work is vitally important for children and that it needs to be done age-appropriately.

We do, as always, want to work in partnership with you as parents and carers. If you would like to know more about what your child will be learning about within the Changing Me units, please do not hesitate to speak to your class teacher.

Yours Sincerely,

C.E. Talbot

Mrs CE Talbot

Head Teacher

