

WEEK ONE

WEEK TWO

WEEK THREE

MONDAY

Mac & Cheese (V) or
Mixed Bean Chilli with Rice (Ve)(Wg)
Jacket Potato with a Choice of Filling
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

TUESDAY

Mild & Sweet Chicken Curry with Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
Classic Tomato Soup with a Cheese Sandwich
Sweetcorn & Peppers, Cauliflower
Apple Crumble (Ve)(Wg) with Custard (V)

WEDNESDAY

Roast of the Day with Roasties & Gravy or
Chickpea & Veggie Puff with Roasties (Ve)
Jacket Potato with a Choice of Filling
Broccoli, Sliced Carrot
Strawberry Jelly & Peaches (Ve)

THURSDAY

Penne with Bolognese (Wg)
or Penne with Tomato Super Sauce (Ve)
Classic Tomato Soup with a Cheese Sandwich
Green Beans, Swede
Chocolate Mousse with Pears (V)

FRIDAY

Fish Fingers or Salmon Fish Fingers with Chips or
Falafel Wrap with Mint Yoghurt & Chips (V)
Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
Flapjack (Ve)

6/11/23, 27/11/23, 18/12/23, 8/1/24, 29/1/24, 19/2/24, 11/3/24

Vegetable Lasagne (V) or
Lentil & Mushroom Keema Curry with Rice (Ve)
Jacket Potato with a Choice of Filling
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

Chicken Paella (Wg)
or Margherita Pizza with Jacket Wedges (V)
Classic Tomato Soup with a Cheese Sandwich
Sweetcorn, Green Beans
Apple & Pear Crumble (Ve)(Wg) with Custard (V)

Roast of the Day with Roasties & Gravy or
Homemade Veggie & Stuffing Roll with Roasties &
Gravy (Ve)
Jacket Potato with a Choice of Filling
Cauliflower, Carrot Batons
Orange Jelly & Mandarins (Ve)

Penne with Chicken Meatballs in Classic Tomato
Sauce (Wg)
or Penne with Classic Tomato Sauce (Ve)(Wg)
Classic Tomato Soup with a Cheese Sandwich
Cabbage, Garden Peas
Banana Custard (V)

Fish Fingers or Salmon Fish Fingers with Chips or
Vegeball Marinara Sub with Chips (V)
Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
Chocolate Shortbread (Ve)

13/11/23, 4/12/23, 25/12/23, 15/1/24, 5/2/24, 26/2/24, 18/3/24

Pizza Mac & Cheese (V) or
Mild Sweet Potato & Chickpea Curry with Rice (Ve)
Jacket Potato with a Choice of Filling
Rainbow Veg
Scoop of Vanilla Ice Cream (V)

Chicken Tandoori with Golden Rice (Wg)
or Margherita Pizza with Jacket Wedges (V)
Classic Tomato Soup with a Cheese Sandwich
Sweetcorn, Green Beans
Peach & Pineapple Crumble (Ve)(Wg) with
Custard (V)

Roast of the Day with Roasties & Gravy or
Veggie Sausage Toad in the Hole with Roasties &
Gravy (V)
Jacket Potato with a Choice of Filling
Cabbage, Sliced Carrot
Strawberry Jelly & Pineapple (Ve)

Chicken, Broccoli & Sweetcorn Pasta Bake (Wg)
or Penne with Beany Bolognese (Ve)(Wg)
Classic Tomato Soup with a Cheese Sandwich
Swede, Shredded Carrots
Chocolate Mousse with Mandarins (V)

Fish Fingers or Salmon Fish Fingers with Chips or
Garden Vegetable Goujons with Chips (Ve)
Jacket Potato with a Choice of Filling
Baked Beans, Garden Peas
Iced Shortbread (Ve)

30/10/23, 20/11/23, 11/12/23, 1/1/24, 22/1/24, 12/2/24, 4/3/24, 25/3/24

V - Vegetarian Ve - Vegan Wg - Wholegrain

Freshly baked bread, fresh fruit, yoghurts and fresh drinking water available daily