

# Year 5/6 PGL Trip Lidington Swindon

Monday 6<sup>th</sup> November to Friday 10<sup>th</sup> November 2023

Parent Information afternoon

Wednesday 21<sup>st</sup> June 2023 – 3:15pm

# PGL Liddington

PGL Liddington is just minutes from the M4 near Swindon and yet it is set in beautiful, tranquil countryside. They have lakes, sports pitches, netball courts and a treetop study trail to name but a few attractions.

All the centre's facilities are conveniently located in a central area surrounded by the accommodation, and accommodation will be in en-suite chalet style lodges, sleeping up to six children.



# Activities

- There are many adventure activities on offer including hiking, abseiling, climbing towers and quad biking. However, we will not know our exact activities until nearer the time. Some activities are likely to be weather dependent. Please feel free to look at their website for more information.



## Sample Day



Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	1 hour of activities - discos, campfires, quizzes and more - our evening activity programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!

# Departure – Monday

- Children will arrive at school at the normal time in their going away clothes. They will need to carry their bags to the hall. Bags need to be clearly named. Anything the children bring they will need to carry themselves.
- The coach will depart early afternoon.
- Please bring a packed lunch.
- On arrival at PGL, children will settle into their rooms, have dinner and start activities in the evening.

# Return - Friday

- We leave PGL around lunchtime and we will be back at school by 3.15.

Please ensure that all items are named.

## CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets**
    - T-shirts
    - Long sleeved shirt/T-shirts
    - Waterproof jacket
    - Fleeces/jumpers
- Your arms will need to be covered to do some activities.*

- Trousers or leggings**  
but not jeans as they get heavy and cold when wet

- Underwear & socks**
- Your socks will need to cover your ankles to do some activities.*

- 1 or 2 sets of **clothes for the evening**

- Suitable **nightwear**

## FOOTWEAR

- 2 pairs of trainers**
  - 1 for activities
  - 1 old pair for watersports
- 1 pair of dry shoes**  
for evening activities

## OTHER ITEMS

- 2 towels**
  - 1 for showering
  - 1 old one for activities
- Reusable **drinks bottle**
- Small **rucksack/bag**
- Labelled **bin bag** for wet and dirty clothing
- Sleeping bag or duvet** and pillow (unless otherwise advised)
- Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

## TRAVELLING IN THE...

☀️ ...SUMMER?	❄️ ...WINTER?
<ul style="list-style-type: none"> <li><input type="checkbox"/> Shorts</li> <li><input type="checkbox"/> Baseball cap/sun hat</li> <li><input type="checkbox"/> Sunscreen</li> </ul>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Warm coat</li> <li><input type="checkbox"/> Hat and gloves</li> </ul>

### Lost property

We recommend you write a list of what you pack to check before you come home. If you do leave anything behind, please contact your party leader who will contact PGL. Postage will be charged for returning lost items.

### Study courses and sports weekends

Groups taking part in study courses and sports weekends e.g. netball/football, should bring appropriate clothing/footwear for these activities.

## PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols

If you bring your mobile phone, please note, it is not covered by our insurance.

# Medicine

- If your child has regular medicine we will need to take it with us and you **MUST** fill out a medicine administration form (available from the school office). Children who need inhalers need one with them **at all times**.
- **Medicines include travel pills.** If these are required to be taken prior to departure on the Monday, they will also need to be signed in using the school medicine permission form.
- We will be asking for your permission to give Calpol to your child should they require it when we are on the trip. We will therefore take a supply away with us. It is vital you give us this permission (unless there is a valid reason for you not to) as many slight illness niggles have been previously dealt with simply by taking Calpol. The permission slip will be sent home with your PGL letters/documents



# Money

- Maximum of £10 for the trip. This needs to be in a named purse or wallet and will be collected by school staff on the Monday morning.

# Behaviour

**Exceptional behaviour** is expected at all times and it is imperative in ensuring that we all have a happy and safe time.

The expectations we have for the children's behaviour and conduct will be made very clear to the children before we leave.

Please remind your children of how we and the staff expect them to behave.

We and the PGL staff will remove children from activities if their behaviour is putting others at risk.

Serious incidents of misbehaviour may warrant contacting parents to arrange for their child to be collected from the premises and withdrawn from the trip.

# Safety

- Safety is the centre's priority.
- Instructors are trained to high levels.
- Learning Outside the Classroom Quality indicator awarded
- Staff available all of the time, including school staff
- The site is very safe and secure. There is always a member of PGL staff on call over night

# Food

All dietary requirements need to be identified before we go, otherwise they will not be catered for.

Sample menu could include:

Breakfast – choice of cereals and hot breakfast items

Lunch – jacket potatoes with choice of fillings and salad bar

Dinner – pasta bolognaise/fish cake/cheese onion and potato pie with chips and peas followed by ice cream sponge roll



# Costs

Total cost of the trip is £330. This can be paid in full upfront or via instalments. We will run a savings system for parents wishing to spread the cost as follows:

- Initial deposit: £30 due by 30th June 2023
- Instalment 2: £100 due by 31st August 2023
- Instalment 3: £100 due by 30th September 2023
- Final Payment: £100 due by 31st October 2023.

Other payment options are also available including paying off the full payment in one instalment. For more personalised arrangements such as a weekly or flexible payment schedule please contact Mrs Atkins.

The school has a strong commitment to the added value of learning outside the classroom, some of which takes place beyond the statutory school day and beyond the school premises. To support this, the school may be able to offer a limited amount of financial support for students, such as for those in receipt of certain benefits or entitled to free school meals. Should you wish to request financial assistance please email or speak, in confidence, to Mrs Atkins.